

About The Lullaby Trust

The Lullaby Trust promotes expert advice on safer baby sleep, provides specialist support for bereaved families and raises awareness of Sudden Infant Death. Working with the NHS we run a national health visitor led service for bereaved parents.

We are committed to supporting new research projects to understand much more about what causes these tragic deaths and how we can prevent them. Advice including factsheets and the latest research can be found at

www.lullabytrust.org.uk

Our Team

Our team of Regional Development Officers are based around the country and can offer training that is local to you. We have delivered these specialist events successfully for 25 years and continue to evolve our programmes to meet the needs of professionals and ensure we reach the most at risk families.

We trained over
7,000 professionals last year

Cost

Please contact us for details and training charges. We aim to keep our costs as low as possible.

“Very valuable and interesting”

“I was unaware of all the risks and advice before today”

“I will be better able to explain the reasoning for our practice”

How to Book

Visit our website to find your local Regional Development Officer at :

www.lullabytrust.org.uk/training

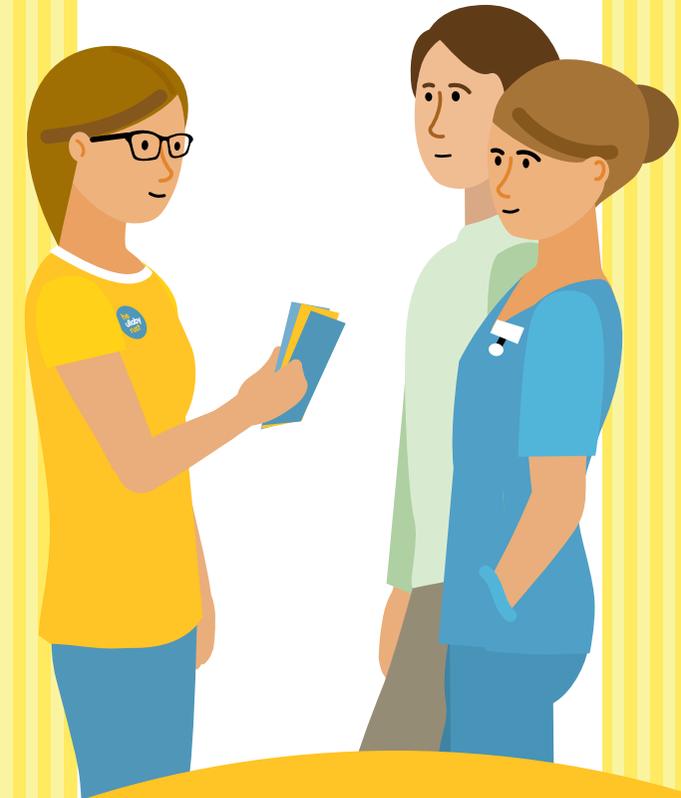
Email:

training@lullabytrust.org.uk

or call:

0808 802 6869

The Lullaby Trust
11 Belgrave Road,
London, SW1V 1RB



Training

Safer sleep
and bereavement support

www.lullabytrust.org.uk/training

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Training Opportunities

Training and Seminars

We offer our hugely popular bespoke training sessions to meet the time and needs of your team. Our training can cover any of the following topics:

- **Sudden Infant Death Syndrome (SIDS):** what it is and how it fits into general infant mortality locally and nationally
- **Safer sleep:** the evidence-based advice, possible mechanisms, and how to identify and target high risk babies and behaviours
- **Bereavement support:** the processes when a baby or child dies suddenly and unexpectedly and best practice in supporting anyone affected by the death of a baby or child
- **Research:** current and future research on reducing infant mortality and improving practice following the death of a child
- **Communication skills:** transferable communication skills for handling difficult conversations with families. These skills can also be helpful in getting safer sleep and other messages across to families



“It made a heartbreaking, difficult subject matter approachable”

Our training is aimed at anyone who works with families with babies or pregnant women. Our aim in offering training is to reduce the number of babies who die suddenly and unexpectedly and to support families who suffer the devastation of infant death. As such, we do not limit the training to specific professional groups, and would encourage anyone who works with families with babies and pregnant women to contact us.

Multi-agency working is key in achieving our aims, so please contact us for more information on how we can work with you. The groups we work with include: healthcare, social care, the voluntary sector, early years, rapid response staff, child death overview panels etc.

Care of Next Infant (CONI)

The Lullaby Trust funds the Care of Next Infant Programme (CONI) which supports families bereaved from sudden infant death with their subsequent babies. We offer training for Health Visitors on CONI and how to become CONI Co-ordinators.



“Extremely relevant training session. The day was also confidence building. Excellent day, thank you”