

Care of the Next Infant Programme (CONI)



The Lullaby Trust knows that families who have experienced the sudden and unexpected death of a baby are often very anxious when they have another baby.



con is a bereavement support programme that provides emotional support to bereaved families, helping them to gain confidence during the early months of their new baby's life, allowing them to enjoy this special time.

CONI also enables families to receive information about reducing the risk factors for sudden infant death syndrome (SIDS) and advice about safer sleep for babies.

You can talk to your midwife or health visitor if you have any questions or concerns or get in touch with us by:

Email:

info@lullabytrust.org.uk
Information line:

0808 802 6869

Bereavement support line:

0808 802 6868

Bereavement support email: support@lullabytrust.org.uk

Website:

www.lullabytrust.org.uk

Registered charity no.: 262191





CONI families can have as much or as little support as they need.

With help from their local CONI coordinator, they can choose which elements of support they would like:





Increased Contact

from your health visitor/ professional.



Baby Check App

that helps you decide if your baby needs medical help.



Movement Monitor

to borrow that picks up your baby's breathing.



Increased Weighing

using a detailed weight chart to monitor your baby's growth.



Basic Life Support

training to guide what to do if your baby stops breathing.



Room Thermometer

to help parents keep the room where their baby sleeps at a safe temperature.



Symptom Diary

to check and record baby's health.



CONI Healthcare Passport

goes inside your Red Book so your baby can be seen quickly if they are unwell.



This leaflet was produced by The Lullaby Trust with kind support from Teddy's Wish