**Sharing your story**

**Consent form**

Thank you sharing your story with The Lullaby Trust.

From time to time The Lullaby Trust uses the stories and experiences of bereaved families to demonstrate the impact of our work and raise awareness of sudden infant death. These stories may be shared in multiple ways such as in our fundraising literature, appeals, social media and on The Lullaby Trust website.

By completing the below form you are giving your permission for The Lullaby Trust to communicate your story with other supporters, donors and members of the public.

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1. **Personal information**

Title: Name:

Address:

Postcode:

Telephone number:

Email:

Your baby’s name:

Baby’s date of birth: Baby’s age at death:

Do you have other children?:

Have any of your other children been part of our Care of Next Infant (CONI) scheme?:

Did you contact our Bereavement Support helpline?

Are you a Lullaby Trust befriender?:

Have you had contact from a Lullaby Trust befriender?:

Have you volunteered for The Lullaby Trust?:

Have you raised funds for The Lullaby Trust? (eg. Ran a marathon, held a bake sale):

1. **Your story**

Please use the space below to write as many words as you feel comfortable with. You can go into as much or as little detail as you wish.

Consider including information about when your baby was born, the support you received after your baby died, any difficulties you faced, how you mark the anniversary of your baby’s death, what The Lullaby Trust means to you and your family.

You can see examples of other family stories on The Lullaby Trust website [www.lullabytrust.org.uk/category/stories/](https://www.lullabytrust.org.uk/category/stories/)

*Write your story here*

1. **Images**

We always include an image to illustrate family stories. The images can be of you, of your baby, or of your whole family. Please use the space below to caption the images that you are sending us, so we can identify who is in the photographs.

Eg.

Photo 1: *caption*

1. **How can we share your story?**

Please click to mark the box if you AGREE for your story to be used in any of the following forms of communication:

The Lullaby Trust publications  
The Lullaby Trust fundraising appeals

1. **How can we share your story? (continued)**

The Lullaby Trust website and social media   
Internal communications at The Lullaby Trust  
Other external communications at The Lullaby Trust

We are occasionally contacted by journalists looking to interview families for news articles relating to sudden infant death. If you would like to be kept on our media database and contacted about future media opportunities please mark this box and we will contact you with further information.   
(Please note we will never pass on your details to a journalist without contacting you first)

1. **Agreement**

I have read the Sharing Your Story Consent Form and understand the content and meaning.   
I give The Lullaby Trust permission to use and distribute my story and photographs of my baby/family as indicated in the form.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
 (if completing digitally please type name again)

Please return this form in an email to [communications@lullabytrust.org.uk](mailto:communications@lullabytrust.org.uk)

**Keeping in touch**

Many people choose to receive more information about us. Would you also like to know more about our work and how to help? Yes, I’d like to hear from The Lullaby Trust in future by:

Email   
Post   
Phone   
Text message

You can change the way you hear from us at any time, by emailing [office@lullabytrust.org.uk](mailto:office@lullabytrust.org.uk) or calling 020 7802 3201.