Target SUDI Together: Findings of our GAPS project published today

Pediatrics, the journal of the American Academy of Pediatrics, today published a paper from The Lullaby Trust and partner international organisations, which sets out new global priorities for tackling Sudden Unexpected Death in Infancy (SUDI).

The paper, titled Research Priorities in Sudden Unexpected Infant Death: An International Consensus, highlights our pioneering ‘Global Action and Prioritisation of Sudden infant death (GAPS)’ project, run in collaboration with ISPID, Red Nose and the American SIDS Institute.

The project is the first of its kind to bring together both professionals and bereaved family members from 25 different countries to achieve consensus on the top ten SUDI research priorities. These priorities aim to focus the efforts of the SUDI research community and ultimately put an end to sudden unexpected deaths worldwide, by identifying the cause, which still eludes researchers.

The ten international research priorities for tackling SUDI are:

1. Studying mechanisms leading to death and how they interact with environmental risk factors.
2. Enabling best practice processes and systematic data collection for accurate classification of SUDI deaths to inform research and prevention.
3. Developing and evaluating new ways to make safe sleep campaigns more effective.
4. Understanding to what extent social and cultural factors affect parental choice in sleep practices and responses to risk reduction campaigns.
5. Identifying specific biomarkers to assist pathologists in determining the cause of death.
6. Understanding the role of genetic factors in SUDI risk.
7. Understanding what mechanisms underlie SUDI risk at different ages.
8. Conducting further research on the role of abnormal or immature brain anatomy and physiology.
9. Better understanding of the practice of sharing any sleep surface with an infant, notably how it interacts with other factors to make it more or less risky.
10. Identifying what factors are associated with SUDI where all aspects of recommended risk reduction have been followed.

To learn more about the GAPS project, [download a copy of the Target SUDI Together report here](#).
Local training opportunities

Our team of regional Development Officers offer training to suit your needs. All our sessions are participatory and cover the updated NICE guidelines on co-sleeping with babies. To find out more and book a session see www.lullabytrust.org.uk/professionals/sids-training

Did you know?

There has been a lot of talk in the media lately around the use of cardboard boxes as sleeping spaces for babies.

The Lullaby Trust will be issuing its statement with regards to this in the near future.

Keep an eye on our website and social media for more information on the statement. In the meantime, look at our products page for what you can advise parents.

Our award-winning service to support young parents

Thank you for taking the time to read our newsletter and for continuing to support The Lullaby Trust

Our Young Parents project, Little Lullaby, won the Children and Youth Category at the Charity Awards 2017!

Run by The Lullaby Trust and backed by the Big Lottery Fund, Little Lullaby wants to stop all unexpected deaths of babies and toddlers born to young parents. We want young parents to feel better informed, more confident and less isolated through pregnancy, birth and beyond.

With the help of our Young Parent Ambassadors, we spread safer sleep advice to young parents aged 25 or under through our safer sleep workshops, our website and our work with professionals.

If you work with young parents, you may want to signpost them to Little Lullaby for further support.

www.littlelullaby.org.uk

Resources

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For orders of up to 100 copies there is a small charge for postage and packaging.

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