

## **ALERT - Nanny Mattress Monitors BM-02**

September 2022

This alert is about new guidance from the manufacturer, Jablotron, regarding a change to the conditions **of home use of Nanny mattress monitors** with immediate effect.

The mattress pad is now single use only i.e. each baby needs a new mattress pad.



### **What you need to do**

- **All mattress pads that have been used must be disposed of safely** – please seek local guidance. However, the monitor control unit can be used for up to 10 years and the batteries replaced each time it is lent to a family.
- Mattress pads that are currently out in homes can continue to be used by the family and then destroyed at the end of the programme.

### **What next?**

- Jablotron and the UK distributor have agreed to supply a replacement mattress pad for each baby enrolled on CONI, as they are required.
- These can be obtained by completing the online CONI Enrolment Form and indicating that the parents/carers would like to use a monitor in the section **Support methods chosen at the time of registration**. A drop-down box then appears asking you to select either a Nanny mattress pad or SNUZA monitor, as appropriate. You cannot choose both.
- The CONI team then will email a Nomination Form to the coordinator to request a Nanny mattress pad. This is completed with the name and address of the parents/care-givers and submitted online.

- The CONI team then will arrange for a new mattress pad to be sent directly to the parents/care-givers.

**Please note:** the mattress pad is given to the family from the manufacturer and distributor of the Nanny BM-02 mattress monitor, **not by the Lullaby Trust or your employers**. They will be allocated on a single use, named baby/parent basis. **Therefore, they can't be ordered to have *just in case* needed.**

### **Which families may benefit from a nanny mattress monitor?**

There are many positive benefits of using Nanny mattress monitors as an alternative to traditional sensor monitors. These include:

- being suitable for babies weighing from 2 kg up to 15 kg
- no skin irritation from tape
- encouraging families to follow safer sleep guidelines e.g. the baby needs to be laying on their back on a firm flat surface
- being less medicalised e.g. sensor pad is not visible; unable to use in sleep environments that are not flat, therefore parents may be less reliant on the monitor
- being less expensive than traditional sensor monitors
- being less susceptible to being damaged than traditional sensor monitor

### **CONI coordinators responsibility**

- The family/baby are enrolled on to the CONI programme (in line with local CONI guidelines)
- Coordinator assesses that Nanny monitor and mattress pad is appropriate for family to use
- Family expressed preference for a Nanny mattress monitor, after coordinator has explained local monitor options (as appropriate)
- CONI coordinators need to complete an Enrolment Form and indicate that the family have requested a monitor and select Nanny mattress pad in the drop-down box
- On receiving a Nanny mattress pad Nomination Form the coordinator needs to complete and submit the nomination
- Parental verbal consent is required to send name, address and telephone number to Lullaby Trust – this will not be used for any other reason
- It is the coordinator's responsibility to check the mattress pad has arrived with the family and to notify CONI team [coni@lullabytrust.org.uk](mailto:coni@lullabytrust.org.uk) if it hasn't arrived
- Need to discuss limitations of monitors – updated information can be found in the Monitor Information for Coordinators on the Lullaby Trust website
- Show family how to use the monitor – this may include watching the manufacturer's instruction video [The Nanny breath monitor will look after your little one | Jablotron](#)
- Need to discuss what to do if the alarm goes off. This includes a plan and Basic Life Support/baby first aid instruction/ helping your baby until help arrives.

**N.B.** We have updated our recommendation for online basic life support training:  
[How to do CPR on a baby \(under one year old\) - Baby First Aid | St John Ambulance \(sja.org.uk\)](#) - reviewed March 2021

[How to do a baby primary survey | St John Ambulance \(sja.org.uk\)](#) – reviewed March 2021

- Please advise the family to access and view the free presentations about the types of support CONI offers, including using a movement monitor - **Movement Monitors:**  
[https://www.youtube.com/watch?v=0f\\_JrHnQLjY](https://www.youtube.com/watch?v=0f_JrHnQLjY)
- At the end of the programme the CONI coordinator will collect the Nanny BM-02 control unit and mattress pad, and dispose of the mattress pad according to local guidance.

### What the family needs to know

- Explain to the family that the new mattress pad is donated by the manufacturer and distributors for their baby's use only (not the health visiting service or the Lullaby Trust)
- It will be sent directly to their home (their home address will not be used for anything else)
- Each mattress pad is given on the understanding that it is single use for their baby only; named baby basis
- Feel confident to use the monitor
- Family are responsible for the care of the monitor (control unit) and mattress pad and must return it to the local coordinator/HV at the end of the programme
- Delivery takes approximately 5 working days from request. Unfortunately, it does not fit through a standard letter box so instructions about a safe place to leave it, if not at home, is required
- If the mattress or monitor is lost/broken they may be given another monitor but the replacement offer is only repeated once
- Any complaints or problems to contact their coordinator/HV
- Ask parent/s if they will be willing to give feedback (either telephone interview or online) at the end of the programme

### Lullaby Trust CONI Team responsibility

- Receive nomination and processes request
- Orders and despatches to parents/carers
- Inform coordinator by email that monitor has been dispatched
- Respond to any follow up emails regarding non-delivery and keep coordinator updated
- Keep nominations and feedback documents securely and in line with GDPR requirements
- Advise and support CONI coordinators in a time sensitive way

We hope that you find this information useful but please contact us at [coni@lullabytrust.co.uk](mailto:coni@lullabytrust.co.uk) if you require further information.

*Jo, Stella & Bettina*

**Jo Carroll, Stella Parkin and Bettina Bavi**

**National CONI coordinators**

[coni@lullabytrust.org.uk](mailto:coni@lullabytrust.org.uk)

