

CONI Feedback Form

It is really helpful to us to get the views of parents who have used our Care of Next Infant (CONI) programme. We hope you will complete this questionnaire to give us your opinion on the programme. It will only take you 10 minutes and your answers will help us to improve the programme for other parents.

Where in the UK do you live?*

County:

Getting started

Baby's name (optional)

First

Last

Baby's date of birth (optional)

How did you first hear about the CONI programme?

- Midwife
- GP
- Health Visitor
- Paediatrician
- The Lullaby Trust
- Other

Did you feel you had enough information about CONI at the beginning of the programme?

- Yes
- No

Did you receive any training about what to do if your baby stops breathing?

- Yes
- No

If NO, why not?

- Not offered training
- Training offered but did not attend

Please tell us the reason why you did not attend the training offered

How did you feel about carrying out basic life support after the training?

You can tick more than one answer

- Confident
- Uncertain
- Fearful
- Other (please specify in the text box below)

Other reason:

Home with your baby

We would like to know what elements of the CONI programme you used and how helpful you found them

Symptom diary

- Never used
- Used sometimes
- Used a lot

How helpful did you find it?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Monitor

- Never used
- Used sometimes
- Used a lot

Which monitor did you use?

- Grasbey MR10
- SISS
- Nanny
- Other

How helpful did you find it?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Weight chart

- Never used
- Used sometimes
- Used a lot

How helpful did you find it?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Room thermometer

- Never used
- Used sometimes

- Used a lot

How helpful did you find it?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Baby check

- Never used
- Used sometimes
- Used a lot

How helpful did you find it?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Which elements of the CONI programme are you still using? (tick as many as you like)

- Symptom diary
- Monitor
- Weight chart
- Room thermometer
- Baby check book or app

Health Visiting Team

Were you happy with the number of visits you received from a member of your health visiting team?

- Yes
- Yes at first, then too frequent
- Yes at first, then did not visit me enough

No, they did not visit me enough

No, they visited me too often

Was it the same person who visited every time?

Yes

No

Please tell us who visited you (tick as many as apply)

Health Visitor

Staff Nurse

Community Health Worker

Nursery Nurse

Other

Don't know

Where did you see them? (tick as many as apply)

Home

Clinic

Somewhere else

Please tell us where:

Was it easy to contact them between arranged visits if needed?

Yes

No

Never needed to

How helpful were they while you were on CONI?

1 (did not help)

2

3

4

5 (very helpful)

In what ways did they help? Please tell us

General Practitioner (GP)

Did your GP know that you were using the CONI programme?

- Yes
- No
- Don't know

How helpful was your GP whilst you were on CONI?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

Paediatrician

Were you offered a meeting with the CONI paediatrician with your baby at any time?

- Yes
- No

If yes, how helpful was your paediatrician while you were on CONI?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

If no, would you have liked to have taken your baby to see the CONI paediatrician?

- Yes
- No

Safer Sleep

Were you given practical advice about safer sleep and reducing the risk of SIDS?

- Yes
- No

Where did your baby wake up this morning?

- Own cot/sleep space
- In your bed
- Somewhere else **Please tell us where your baby woke up**

Final Comments

I feel better able to *cope* with anxiety about my baby because of the support I received from CONI

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

I feel less *isolated* because of the support I received from CONI

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

I feel more *aware* of my baby's emotions and needs because of the support I received from CONI

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

I feel more *able to respond* to my baby's emotions and needs because of the support I received from CONI

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

I feel more *able to cope* with life in general because of the support I received from CONI

- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

I would like to be able to continue to talk to someone about my feelings and anxieties

- YES
- NO

In summary, how helpful have you found the CONI programme?

- 1 (did not help)
- 2
- 3
- 4
- 5 (very helpful)

What was the best part of the CONI programme for you and your family?

Please tell us about any other thoughts about your CONI experience

Can we use your comments anonymously for any of the below purposes?

Tick as many as apply

- Training
- Fundraising for CONI
- Feedback to CONI Co-ordinators
- Lullaby Trust Publications

Can we contact you for further information about your CONI experience?* (The information you provide will be used anonymously)

- Yes
- No

Please can you provide your name so we can contact you*

Please can you provide your email address so we can contact you*

Keeping in touch

At The Lullaby Trust, we are determined to do all we can to save more lives. We can't do this without the help of our supporters, which is why we'd like to keep in touch with you about our vital work, news and opportunities to support us.

Please confirm below how you want to hear from us in future

Email*

- Yes
- No

Email

Post*

Yes

No

Address

Street Address

Address Line 2

City

County

Postal Code

Country

Thank you so much for taking the time to give us your feedback. Your answers will be used solely to monitor the effectiveness of the CONI programme and to make improvements to it for future parents.

If you need any support and would like to talk to someone, we are here for you. You can call our Bereavement Support Helpline on: 0808 802 6868 (weekdays 10.00 -17.00 and weekends 18.00 – 22.00) or email: support@lullabytrust.org.uk

Please also see our Privacy Policy on our website for how we collect, use and look after your information.