

Spotting infections in babies



the lullaby trust

Infections cause lots of different signs and symptoms and it can be difficult to know when your baby has an infection. Trust your instincts and if you feel something is 'not quite right' with your baby, contact your midwife, health visitor, GP, NHS 111 or visit an emergency department if you are very worried.

Signs and symptoms that might mean your baby has an infection



Difficult to wake



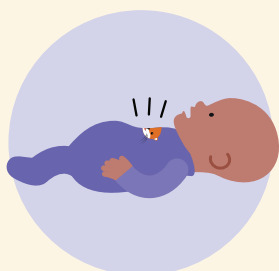
Appears floppy



Irritable and won't settle



Mottled or blotchy appearance



Breathing is difficult, fast, noisy, grunting or wheezing / 'sucking in' under ribs



Rash or sores/blisters on skin, eye, inside mouth or around tummy button



Temperature above 38° or below 36° or body is cold to touch



High-pitched or abnormal cry

Monitor baby's wet nappies (they should have more than 2-3 in 24 hours) and their feeding. **Remember, trust your instincts and always seek help from a health professional if you are worried.**

Download our **free Baby Check app** to help you decide if your baby needs to see a health professional.

